# BANGOR SWIMMING CLUB



#### **BANGOR CENTENARY OPEN MEET 2019**

(Winter Open Meet)

**Swim Ireland Level 3 National Qualifying Event** 

**Under Swim Ireland Technical Rules** 

19th -20th January 2019

License No: 3L 18/19 - U010

**Aurora Aquatic & Leisure Complex** 

Bangor, Co. Down

www.bangorsc.co.uk

**Meet Information** 





#### **BANGOR CENTENARY OPEN MEET 2019**

#### A Swim Ireland National Qualifying Event

Date Saturday 19th and Sunday 20th January 2019

Aurora Aquatic Centre, Castle Park, Bangor, Co. Down Venue

10 lane 50m Pool (25m Warm up pool available during meet) Pool

Full Omega electronic timing and scoreboard display

**Sessions** 

**Entries** 

Session 1 Warm Up 7.00am Start 8.00am (Mixed Heats) Saturday 19th

> Session 2. Warm Up 9.30am Start 10.30am (14+ Heats)

Session 3. Warm Up 1.30pm Start 2.30pm (10-13 Age Group Heats)

Warm Up 5.30pm Start 6.30pm (Mixed Heats) Session 4.

Sunday 20st Session 5. Warm Up 7.00am Start 8.00am (Mixed Heats)

> Session 6. Warm Up 9.30am Start 10.30am (14+ Heats)

Session 7. Warm Up 1.30pm Start 2.30pm (10-13 Age Group Heats)

Session times may change depending on entries, you will be notified one week before gala of changes. Should the

need arise Bangor SC has the right to restrict entries to ensure a smooth-running event.

This Qualifying Meet is open to swimmers who meet the qualification times as noted below and are registered with

Swim Ireland or their equivalent national swimming bodies.

Entries can only be made on Hy-tek. The programme can be downloaded from the club website https://www.bangorsc.co.uk/ or the Swim Ulster website www.swimulster.net . Entry files should then be e-mailed back to entries@bangorsc.co.uk .

NOTE: 1,500 & 800m freestyle events entries require expressions of interest to be Email to entries@bangorsc.co.uk no later than December 12th 2018.

The closing date for entries is Monday 7th January 2019

Late Entries Late entries will, in general, be not accepted. However, swimmers who achieve Qualifying/Consideration Times as

> below at the Ulster Development Galas on January 12th & 13th will be considered for late entry where there is space in the relevant Heats. These "late entries" must be notified to the Bangor Gala Secretary by Monday 14th January at 20.00. Notifications by email please to entries@bangorsc.co.uk by the specified time. The Bangor Gala

Secretary will inform club secretaries as to which late entries can be accepted by Wednesday 17th January.

£5.00 /€6.00 per event. Fees should be paid by Monday 14th January 2019. Note fees will be charged for all entries **Entry Fees** 

on that date. Entry fees should be made using the Hytek entry fee collection system (Note that under this system

entries will not be processed and confirmed until payment has been received). Fees should be paid to

Bank of Ireland | Account Name: Bangor SC | Sort Code: 90 20 71 | Account No: 82648678

Cheques by post made out to "Bangor Swimming Club", and posted to "Treasurer, Bangor Swimming Club, C/O Bangor Aurora Aquatic & Leisure Complex, 3 Valentine road, Bangor, BT20 4TH ".

If you are remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer on treasurer@bangorsc.co.uk to confirm transfer.

Entry Times Please submit Long Course entry times for seeding. Hy Tek Short course to Long course conversions can be made

via the entry file.

Age Groups This is an open competition designated for National and Regional event qualification. There are two age bands:-

Girls 14+, Girls 10-13 and Boys 14+, Boys 10-13. Age at 31st December 2019. NO swimmer younger than the above

age bands will be permitted to enter. Age is at 31st December 2019.

Awards HDW medals will be awarded to 1st, 2nd and 3rd placed swimmers in 10,11,12,13,14,15 years and 16+ age categories.

Events All events are HDW. All events are open to Men and Women.

50m, 100m and 200m events in Butterfly, Backstroke, Breaststroke and Freestyle,

400m, 800m, 1500m Freestyle, 200m, 400m Individual Medley.

Consideration Times Swimmers should have achieved the enclosed long course consideration times for entry to the meet. The host club reserve the right to have some of their swimmers outside the qualifying times in 50's, 100's and 200's events only.

Qualification standards will be waived for swimmers with disabilities who are classified through Paralympics

Ireland.

Volunteers Clubs will be asked to provide officials following a ratio of one official to every five swimmers.

Clubs will be issued with the timekeeping and turn judge roster in advance of the competition, as rostered by the meet director, by Sunday 14th January. All participating clubs must provide timekeepers and turn judges in accordance with the roster. Clubs who do not provide their quota of officials may have their swimmers excluded

from the gala.

Coach / Manager Passes All coaches and poolside staff (including officials) must have an event pass to access poolside. Coaches passes will be issued to licensed coaches only on production of their Licence card. Arrangements will be made for visiting

coaches and officials.

Withdrawals Any withdrawals (including reserves, if any), or amendments prior to the first day of the event should be notified to

the entry secretary by email providing details. Withdrawals from session 1 must be notified No later than 6.00pm

on THURSDAY 17th January 2019.

Withdrawals from Morning heat sessions must be notified no later than 6.00pm on the day prior to the event.

Withdrawals from the afternoon heat sessions must be notified no later than 10.00am on the day of the event.

Swim Suits All swim suits must comply with current FINA rules.

Technical Officials Ulster clubs will be required to provide technical officials related to accepted entry numbers from their club. They

will be asked in advance to complete the named officials nominated for roles. Meet T shirts will be provided for

each official.

Format One Start rule will apply for this gala. All events will be H.D.W. Heats will be run as an open event based on each

swimmer's entry time in 10 lane formats.

## **Bangor Centenary Open Meet 2019**

### **Order of Events**

	Saturday 1	L9 <sup>th</sup> Jai	nuary 2019					
	Session 1 - Warm Up 7:00am – Start 8:00am	Session 3 - Warm Up 1:30pm – Start 2:30pm						
1	Heats Mixed 400m Freestyle (HDW)	15	Heats Girls 10-13 50m Butterfly					
	Session 2 - Warm Up 9:30am - Start 10:30am	16	Heats Boys 10-13 50m Butterfly					
2	Heats Girls 14 & Over 50m Butterfly	17	Heats Girls 10-13 100m Backstroke					
3	Heats Boys 14 & Over 50m Butterfly	18	Heats Boys 10-13 100m Backstroke					
4	Heats Girls 14 & Over 100m Backstroke	19	Heats Girls 10-13 200m Breaststroke					
5	Heats Boys 14 & Over 100m Backstroke	20	Heats Boys 10-13 200m Breaststroke					
6	Heats Girls 14 & Over 200m Breaststroke	21	Heats Girls 10-13 200m Butterfly					
7	Heats Boys 14 & Over 200m Breaststroke	22	Heats Boys 10-13 200m Butterfly					
8	Heats Girls 14 & Over 200m Butterfly	23	Heats Girls 10-13 100m Freestyle					
9	Heats Boys 14 & Over 200m Butterfly	24	Heats Boys 10-13 100m Freestyle					
10	Heats Girls 14 & Over 100m Freestyle	25	Heats Girls 10-13 50m Breaststroke					
11	Heats Boys 14 & Over 100m Freestyle	26	Heats Boys 10-13 50m Breaststroke					
12	Heats Girls 14 & Over 50m Breaststroke	27	Heats Girls 10-13 200m IM					
13	Heats Boys 14 & Over 50m Breaststroke		Session 4 - Warm Up 5:30pm – Start 6:30pm					
14	Heats Girls 14 & Over 200m IM	28	Open Mixed 800m Freestyle (HDW)					
		29	Open Mixed 1500m Freestyle (HDW)					

	Sun	day 20 <sup>th</sup> Janua	ary 2019					
	Session 5 - Warm Up 8:00am – Start 9:00am		Session 7 – Warm Up 4:00pm – Start 5:00pn					
30	Heats Mixed 400m IM (HDW)	44	Heats Girls 10-13 50m Backstroke					
	Session 6 - Warm Up 12:00pm - Start 1:00pm	45	Heats Boys 10-13 50m Backstroke					
31	Heats Girls 14 & Over 50m Backstroke	46	Heats Girls 10-13 100m Breaststroke					
32	Heats Boys 14 & Over 50m Backstroke	47	Heats Boys 10-13 100m Breaststroke					
33	Heats Girls 14 & Over 100m Breaststroke	48	Heats Girls 10-13 200m Freestyle					
34	Heats Boys 14 & Over 100m Breaststroke	49	Heats Boys 10-13 200m Freestyle					
35	Heats Girls 14 & Over 200m Freestyle	50	Heats Girls 10-13 200m Backstroke					
36	Heats Boys 14 & Over 200m Freestyle	51	Heats Boys 10-13 200m Backstroke					
37	Heats Girls 14 & Over 200m Backstroke	52	Heats Girls 10-13 100m Butterfly					
8	Heats Boys 14 & Over 200m Backstroke	53	Heats Boys 10-13 100m Butterfly					
9	Heats Girls 14 & Over 100m Butterfly	54	Heats Girls 10-13 50m Freestyle					
40	Heats Boys 14 & Over 100mButterfly	55	Heats Boys 10-13 50m Freestyle					
<b>ļ</b> 1	Heats Girls 14 & Over 50m Freestyle	56	Heats Boys 10-13 200m IM					
42	Heats Boys 14 & Over 50m Freestyle							
13	Boys 14 & Over 200m IM							

						Bangor Wint	ter Open Fest	ival / 2019 Centenary	Gala Conside	eration Time						
	Female							, 2020 00	Male							
17&over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs		10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17&over
00:31.38	00:32.22	00:32.74	00:34.76	00:35.63	00:36.67	00:37.93	00:42.82	50m Free	00:42.82	00:40.05	00:37.75	00:35.83	00:34.23	00:32.62	00:31.02	00:29.73
01:10.43	01:11.08	01:11.74	01:13.15	01:17.49	01:22.71	01:28.74	01:35.37	100m Free	01:35.37	01:28.74	01:24.55	01:17.48	01:12.38	01:08.10	01:06.40	01:03.64
02:33.95	02:36.54	02:37.41	02:41.11	02:49.37	03:01.63	03:16.34	03:51.11	200m Free	03:51.11	03:26.85	03:06.63	02:49.78	02:38.31	02:31.24	02:29.36	02:23.45
06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	400m Free	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00	06:55.00
14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	800m Free	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00	14:30.00
26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	1500m Free	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00	26:30.00
00:39.61	00:41.28	00:43.12	00:45.14	00:47.37	00:49.82	00:52.51	00:59.36	50m Back	00:59.36	00:54.24	00:49.97	00:46.41	00:43.45	00:40.98	00:38.92	00:37.20
01:21.58	01:22.87	01:23.81	01:24.72	01:28.82	01:34.11	01:39.96	01:46.39	100m Back	01:46.39	01:39.96	01:37.09	01:31.83	01:26.59	01:21.49	01:19.85	01:18.25
02:58.65	02:59.91	03:02.22	03:04.02	03:11.75	03:23.48	03:37.56	03:53.04	200m Back	03:53.04	03:31.77	03:24.38	03:18.22	03:06.49	03:02.93	02:57.05	02:51.18
00:44.88	00:46.78	00:48.88	00:51.18	00:53.71	00:56.50	00:59.56	01:07.54	50m Breast	01:07.54	01:01.70	00:56.84	00:52.78	00:49.40	00:46.58	00:44.24	00:42.28
01:31.62	01:33.32	01:36.19	01:39.22	01:41.52	01:48.70	01:56.28	02:04.62	100m Breast	02:04.62	01:56.28	01:52.64	01:44.77	01:39.30	01:34.93	01:28.81	01:27.31
03:22.44	03:26.06	03:29.69	03:31.92	03:41.60	03:54.20	04:09.32	04:25.95	200m Breast	04:25.95	04:08.70	03:56.96	03:47.18	03:38.66	03:22.72	03:13.89	03:13.10
00:36.68	00:38.23	00:39.94	00:41.81	00:43.88	00:46.15	00:48.65	00:54.41	50m Butterfly	00:54.41	00:49.72	00:45.81	00:42.55	00:39.83	00:37.57	00:35.68	00:34.11
01:21.09	01:24.90	01:25.98	01:27.05	01:33.28	01:46.13	02:01.55	02:48.67	100m Butterfly	02:48.67	02:16.29	01:49.30	01:26.81	01:25.63	01:24.44	01:19.51	01:15.57
03:11.29	03:14.44	03:17.59	03:20.86	03:24.50	03:28.87	03:34.11	03:59.59	200m Butterfly	03:59.59	03:44.94	03:32.73	03:22.55	03:14.07	03:06.68	03:00.69	02:54.69
								100m IM								
02:57.75	02:59.04	03:02.10	03:04.49	03:11.93	03:24.05	03:38.59	04:12.83	200m IM	04:12.83	03:49.00	03:29.14	03:12.59	03:04.57	02:54.34	02:47.37	02:44.45
07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	400m IM	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00	07:45.00

#### **Conditions of entry**

- 1. The Meet will be held under Swim Ireland and FINA Technical rules. Times achieved at the meet can be used for entry into Regional and National events.
- 2. Entries will be seeded into heats based on entry times with the slowest heat being swum first.
- 3. Only swimmers, coaches and officials are allowed on poolside. Wet swimmers are not allowed in the spectator area.
- 4. In line with child protection policies, any person wishing to use photographic or video equipment (including mobile phones) are required to sign the authorization slip at the entry desk. Flash photography is not permitted at the start of any event.
- 5. The swim down pool will be available from the start of the competition until 15 minutes after the last heat of a session. This pool is not available during the main pool competition warm up. Clubs are asked to respect the use of this facility and to use it for its intended use. The Meet organisers reserve the right to withdraw this facility should it be misused.
- 6. Swimmers should report to the competitor's steward one event prior to their swim.
- 7. If the meet is undersubscribed, Bangor SC reserves the right to cancel the meet, in which case all entry fees will be refunded.
- 8. Neither Bangor SC nor Bangor Aurora Aquatic Centre accept any liability for loss or damage to personal belongings.
- 9. Bangor SC reserves the right to alter any of the above conditions if necessary. Any matter not covered by the conditions shall be at the promoter's discretion if not covered by Swim Ireland Laws or rules.